

**PGDGC Final Examination, 2021**  
**Introduction to Guidance and Counselling**  
**Course: PGDGC-01**

**Time: 2½ Hours**

**Full Marks: 50**

*The figures in the right-hand margin indicate marks.  
Candidates are required to give their answers  
in their own words as far as practicable*

Answer **any five** of the following questions (*each within 300 words*) 10 x 5 = 50

1. Give two examples of specific cases regarding the role of family and role of school respectively for guidance and counselling of a school student. 5 + 5
  2. Discuss holistic approach of guidance and counselling with emphasis on its four bases. 2½ x 4
  3. Differentiate between personal and educational guidance citing two examples of parental and teacher's intervention. 5 + 5
  4. Identify with reasons your counselling mode when you have got an arrogant, indifferent adolescent boy accompanied by a crying and upset mother. 5 + 5
  5. Explain, giving examples, any counselling situation with its biological and psychological relevance. 5 + 5
  6. Relate diurnal rhythm with various neurotransmitters released in our body during our daily life. Give examples of any five situations. 5 + 5
  7. Specify a case handled in CGC and discuss about the counselling intervention done in that case. 10
  8. Name two maladjusted behaviour patterns and suggest counselling plan in each case. 5 + 5
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